



Your local team of Primary Care Specialists

Working in your community is a team of specialist healthcare professionals on hand to help you.



The People to See

You can **save yourself time** and receive the advice and care you need by knowing which option is your Primary Choice.

Primary Choice Team

- Community Pharmacist
- Dentists
- Optometrists
- GP Receptionists
- General Practice Nurses
- GP

In Need of Healthcare Advice?

Mouth, Tooth or Gum problems - **A Dentist is your Primary Choice.** They have the expertise and specialist equipment to help you.



Dentist



Optometrist





Community Pharmacist

Queries about medications and minor illnesses - **Your Community Pharmacist is your Primary Choice.** They are trained healthcare professionals who can offer advice, over the counter treatments and have a vast knowledge of medications.



GP Receptionist

Calling your GP
When you call your GP Practice the receptionist will take your call. They are trained to ask questions about your healthcare needs and help you to decide which healthcare professional is your **Primary Choice** for the most appropriate treatment.



General Practice Nurse

Your GP practice has a team of **healthcare professionals who specialise in different areas** to provide you with the best advice and treatment.

Sometimes the GP isn't the Primary Choice for your needs; instead it might be the **General Practice Nurse** or another member of the primary care team.





GP



Your **primary choice** is to **see the right member of the team** to get the most appropriate treatment **faster**.

By seeing the right person first time your GP can spend time seeing the most vulnerable, complex and very ill patients.

#WeArePrimaryCare

NHS Direct Symptom Checker

If you are unsure what advice you need visit the NHS Direct Symptom Checker on

www.nhsdirect.wales.nhs.uk/SelfAssessments/
or call **0845 46 47**



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