

Your local team of Primary Care Specialists

Working in your community is a team of specialist healthcare professionals on hand to help you.



The People to See

You can **save yourself time** and receive the advice and care you need by knowing which option is your Primary Choice.

Primary Choice Team

- Community Pharmacist
- Dentists
- Optometrists
- GP Receptionists
- General Practice Nurses
- **GP**

In Need of Healthcare Advice?

Mouth, Tooth or Gum problems - A Dentist is your Primary Choice. They have the expertise and specialist equipment to help you.





Eye issues - An

Optometrist is your

Primary Choice. They
have all the qualifications,
equipment and technology
to be able to help.







Queries about medications and minor illnesses - Your Community Pharmacist is your Primary Choice. They are trained healthcare professionals who can offer advice, over the counter treatments and have a vast knowledge of medications.



When you call your GP
Practice the receptionist
will take your call. They are
trained to ask questions about
your healthcare needs and
help you to decide which
healthcare professional is your
Primary Choice for the most
appropriate treatment.

Your GP practice has a team of healthcare professionals who specialise in different areas to provide you with the best advice and treatment.

Sometimes the GP isn't the Primary Choice for your needs; instead it might be the General Practice Nurse or another member of the primary care team.





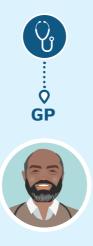
GP Receptionist





General Practice
Nurse





Your **primary choice** is to **see the right member of the team** to get the most appropriate treatment **faster**.

By seeing the right person first time your GP can spend time seeing the most vulnerable, complex and very ill patients.

#WeArePrimaryCare

NHS Direct Symptom Checker

If you are unsure what advice you need visit the NHS Direct Symptom Checker on www.nhsdirect.wales.nhs.uk/SelfAssessments/ or call **0845 46 47**





